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Bold Bound Media To Make Its Debut with a Resource Book for Single Parents



Boston, Massachusetts: Bold Bound Media, LLC will soon launch its first book. *The Field Guide for Single Parents: Practical Tips to Gain Control of Your Life* by Pat Hankin will be published in November.

Comprised of 26 chapters and backed by 133 citations and contributions by a clinical therapist, the book is a reference for single parents seeking advice on a range of topics, including legal and medical issues, finances, education and health. The reference format offers more detail than other single parenting books, and the digital as well as hard-copy formats are completely searchable.

Author Pat Hankin, who is also founder of Bold Bound Media, is herself a single parent and frequent contributor to an online community of 470,000 single parents. "There are 19 million U.S. households headed by single parents," Hankin says. "They are hardly the 'broken and broke' stereotypes. These parents have to be strong and self-reliant."

Readers' Favorite, which awarded *The Field Guide for Single Parents* a 5-star review, says, "This guide effectively combines actionable suggestions with a tone that respects the reader's intelligence and experience, making it a reliable resource for those seeking constructive support... Very highly recommended."

A career business strategist who has worked with some of the most iconic companies in finance and social impact, Hankin wants to offer the single parent community the thorough resource material that she says is currently lacking. "This book tailors the many "how-to" self-help resources out there to fit the unique needs of single parents," says Hankin. "There is value in being seen, and this book can speak to the problems unique to single parenting."

The Field Guide for Single Parents is the first in a series of three guides, and will be followed by workbooks on single parent travel and single parent health. Both books are slated for publication by Bold Bound Media in early 2026.

For more information on the book and to access complementary resources, including downloadable spreadsheets, visit www.pathankin.com.

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